

MONDAY

3

- Dish of the Day
- **Mexican Bar**
 - Black Beans
 - Seasoned Steamed Golden Corn
 - Mini Chocolate Covered Banana Pudding Parfait
 - Milk, 1% Lowfat, Schneiders, MILK

TUESDAY

4

- Dish of the Day
- **Potato Bar with Buttered Noodles**
 - Seasoned Steamed Broccoli
 - Cinnamon Apple Slices
 - Milk, 1% Lowfat, Schneiders, MILK

WEDNESDAY

5

- Dish of the Day
- **Chili Con Carne with Beans & Rice**
 - **Baja Fish Tacos w/ Chipotle Ranch Sauce**
 - Seasoned Steamed Mixed Vegetables
 - Pico de Gallo Salsa
 - Garlic Mashed Potatoes
 - Sweet Green Grapes
 - Milk, 1% Lowfat, Schneiders, MILK

THURSDAY

6

- Dish of the Day
- **Crispy Chicken Nuggets w/ Buttered Noodles**
 - Seasoned Steamed Golden Corn
 - Creamy Mashed Potatoes w/ Gravy
 - Fruited Gelatin
 - Milk, 1% Lowfat, Schneiders, MILK

FRIDAY

7

- Dish of the Day
- **Egg & Cheese on an English Muffin**
 - **Sausage, Egg, & Cheese on an English Muffin**
 - Crispy Tater Tots
 - Golden Delicious Apple
 - Milk, 1% Lowfat, Schneiders, MILK

10

- Dish of the Day
- **Breakfast for Lunch Bar**
 - Crispy Tater Tots
 - Golden Delicious Apple
 - Milk, 1% Lowfat, Schneiders, MILK

11

- Dish of the Day
- **Orange Kissed Chicken Bowl**
 - Seasoned Steamed Golden Corn
 - Fresh Citrus Orange
 - Milk, 1% Lowfat, Schneiders, MILK

12

- Dish of the Day
- **Beef & Cheese Loaded Fries w/ Garlic Toast**
 - Seasoned Steamed Mixed Vegetables
 - Mini Chocolate Covered Banana Pudding Parfait
 - Milk, 1% Lowfat, Schneiders, MILK

13

- Dish of the Day
- **Pierogies**
 - Seasoned Steamed Carrots
 - Tropical Pineapple Tidbits
 - Milk, 1% Lowfat, Schneiders, MILK

14

- Dish of the Day
- **Pasta Bar with Breadstick**
 - Seasoned Steamed Green Beans
 - Sweet Red Grapes
 - Milk, 1% Lowfat, Schneiders, MILK
 - Parmesan Cheese

17

- Dish of the Day
- **Breakfast for Lunch Bar**
 - Crispy Tater Tots
 - Warm Apple Crisp
 - Milk, 1% Lowfat, Schneiders, MILK

18

- Dish of the Day
- **Sweet & Spicy BBQ Chicken Bowl**
 - Cilantro Lime Rice
 - Seasoned Steamed Golden Corn
 - BBQ Bacon Baked Beans
 - Fresh Petite Banana
 - Milk, 1% Lowfat, Schneiders, MILK

19

- Dish of the Day
- **Salisbury Steak & Gravy w/ Buttered Noodles**
 - **Roasted Turkey with Stuffing**
 - Oven Roasted Carrots
 - Warm Apple Crisp
 - Milk, 1% Lowfat, Schneiders, MILK

20

- Dish of the Day
- **Korean Beef Bulgogi Rice Bowl with Pickled Cucumber and Carrots**
 - Seasoned Steamed Broccoli
 - Diced Pears
 - Milk, 1% Lowfat, Schneiders, MILK

21

- Dish of the Day
- **Chicken & Broccoli Alfredo w/ Fresh Bread**
 - Seasoned Steamed Broccoli
 - Citrusy Mandarin Oranges
 - Milk, 1% Lowfat, Schneiders, MILK

24

- Dish of the Day
- **Pancakes & Sausage Patties**
 - Crispy Tater Tots
 - Oven Browned Potatoes
 - Fresh Petite Banana
 - Milk, 1% Lowfat, Schneiders, MILK

25

- Dish of the Day
- **Chicken & Cheese Soft Tacos**
 - Black Bean & Corn Salad
 - Seasoned Refried Beans
 - Fruited Gelatin
 - Milk, 1% Lowfat, Schneiders, MILK

26

- Dish of the Day
- **Swedish Meatballs over Noodles**
 - Oven Roasted Carrots
 - Warm Apple Crisp
 - Milk, 1% Lowfat, Schneiders, MILK

27

- Dish of the Day
- **Breaded Chicken Parm & Pasta Pasta Bar with Breadstick**
 - Seasoned Steamed Broccoli
 - Candied Apple Slices
 - Milk, 1% Lowfat, Schneiders, MILK

28

31

- Dish of the Day
- **French Toast Sticks w/ Sausage**
 - Crispy Tater Tots
 - Chickpea and Tomato Salad
 - Warm Peach Crisp
 - Strawberries & Cream
 - Milk, 1% Lowfat, Schneiders, MILK
- Menu Subject to Change*



What makes a meal? You must choose at least 3 to 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable

Daily Options: Crispy Chicken Patty Sandwich , Fruit & Yogurt Parfait with Granola and Belly Bears , Wow Butter and Jelly Sandwich , CHEESEBURGER

Deli & Garden: Chef Salad w/ Turkey, Ham & Fresh Bread , Garden Salad w/ Breaded Chicken & Fresh Bread , Garden Salad w/ Egg, Cheese & Fresh Bread , Ham & Cheese Hoagie , Turkey & Cheese Hoagie , Italian Wrap , Hummus Bistro Box , Fruit & Yogurt Parfait with Granola and Belly Bears , Wow Butter & Jelly Sandwich , Cheddar Cheese & Grapes Bistro Box , Ham & Cheese Bistro Box , Italian Bistro Box , Turkey & Cheese Bistro Box , SALAD GRILLED CHK CEASAR W/ ROLL HS , Condiment, Light Mayonnaise, Gallon, Cains, 261G

Fruit Bar Options: Golden Delicious Apple , Fresh Petite Banana , Fresh Orange , Raisins , Diced Pears , Fresh Apple Slices , Citrusy Mandarin Oranges , Refreshing Mixed Fruit , Tropical Pineapple Tidbits , Cranberry Sauce , Sliced Luscious Strawberries

Vegetable Bar Options: Fresh Broccoli Florets , Fresh Baby Carrots , Crunchy Celery Sticks , Fresh Cucumber Slices , Fresh Red and Green Peppers , Garden Side Salad , Roasted Chickpeas

Milk Daily Options: Milk, Schneider's Skinny Mini's Fat Free Chocolate , Milk, Schneider's Skinny Mini's Fat Free Strawberry , Milk, Schneider's Skinny Mini's Fat Free Vanilla M , Milk, 1% Lowfat, Schneiders, MILK , Milk, Fat Free Skim Milk, Half Pint, Schneider's,

A La Carte Selection May Include: Cheetos , Heartzel Pretzels , Flamin Hot Cheetos , Funyuns , Garden Salsa Sunchips , Harvest Cheddar Sunchips , Cool Ranch Dorito , Nacho Cheese Doritos , Spicy Sweet Chili Doritos , Smart Food Popcorn , Cinnamon Pop Tart , Strawberry Poptart , Jungle Crackers , Cinnamon Belly Bear Crackers , Apple Cinnamon Muffin Flat , Blueberry Muffin Flat , Berry Tie Dye Fruit by the Foot , Welch's Mixed Fruit Snacks , Fruit Roll Up , WG Cheez-It , Rice Krispy Treat , Confetti Rice Krispie Treat , Cocoa Chip Benefit Bar , Celebration Benefit Bar , Birthday Cake Zee Zees Bar , Campfire Smore Zee Zees Bar , Choco Crisp Cereal Blast Waffle , Fun N Fruitti Cereal Blast Waffle , Chocolate Chip Waffle Snaps , annies yogurt , Blueberry Muffin Flat , Apple Cinnamon Muffin Flat , Banana Chocolate Chip Oatmeal Round

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